



**ZUMBA**  
gold

# FIT FOR THE YOUNG AT HEART

GET ACTIVE WITH GREAT PEOPLE  
AT THE DANCE PARTY WORKOUT  
THAT MOVES AT YOUR PACE.



FOR CLASS DETAILS  
CONTACT YOUR LICENSED ZUMBA® INSTRUCTOR

**Jenni Schmidt-Spiker aka JenniZrag**

**Cell#: 609-805-4621**

[jennischmidtspiker.zumba.com](http://jennischmidtspiker.zumba.com)

Join us Wednesday mornings at 11:00am for Zumba Gold!!  
Deerfield Senior Center - 736 Landis Avenue - 856-455-6902

Come try out this Latin and International dance-inspired fitness format, specially designed for Seniors and Beginners as well!

[zumba.com](http://zumba.com)

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JOIN THE  
**party**